



In Trusted Hands



Teterboro Users Group

Peer Support in corporate and business aviation

[www.odiliaclark.com](http://www.odiliaclark.com)

# WHAT IS PEER SUPPORT?

Empathy + Rapport

Anonymity

= Peer Support



# EMPATHY VS SYMPATHY

## EMPATHY

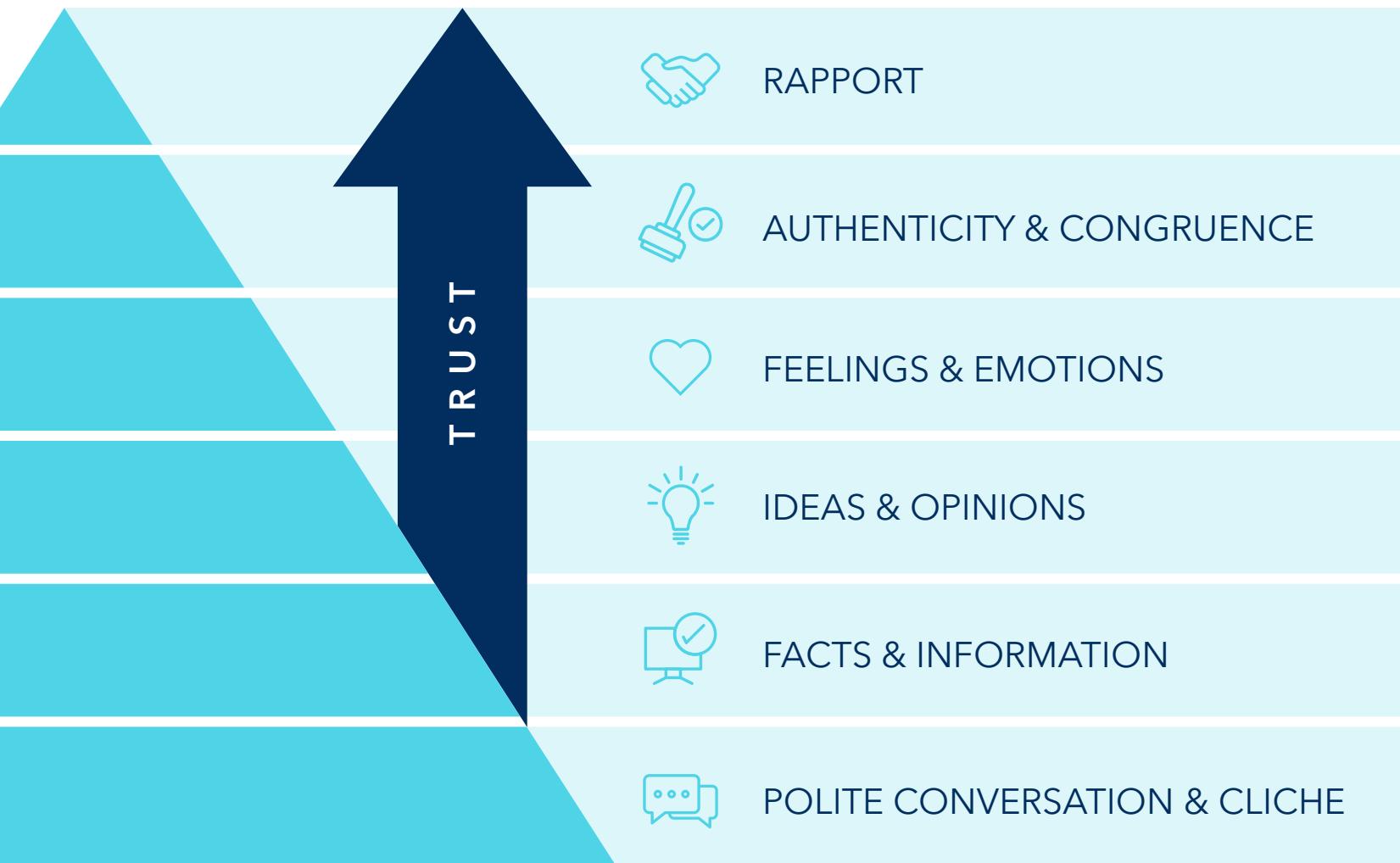
The ability to sense other people's emotions, coupled with the ability to imagine what someone else might be thinking or feeling.

## SYMPATHY

Feeling pity for someone.



# RAPPORT PYRAMID



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**Empathy + Rapport**

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# The Programme





A network of support

Operator A



Operator B





# The Programme





# FAA Regulation

Mental Health & Aviation Medical Clearance ARC – April 1, 2024

- 24 Recommendations
- 3 require PSP
- Differentiates between EAP and PSP
- Passed House of Representatives UNANIMOUSLY